

*Healthy mind, healthy body. Good mental health helps us to stay healthy.
We learn how to cope, and we learn how to face difficult times in our lives.
Good mental health shapes how we think, feel and behave.*

Powered by the United Way of Rutherford and Cannon Counties, the **Mental Health Action Initiative (MHAI)** will improve services in Rutherford County through a collective impact process. In particular, MHAI seeks to improve the coordination of services, promote mental health as central to wellness, and identify opportunities to increase the availability of services.

Twenty-eight organizations have united in this effort:

Health Care Entities	School Systems & Universities	Social Services
<p>Blue Cross Blue Shield of Tennessee</p> <p>The Family Center</p> <p>Interfaith Dental Clinic</p> <p>Matthew Walker Comprehensive Health Center, Inc.</p> <p>Mental Health Cooperative, Inc.</p> <p>MT Psychology</p> <p>Primary Care & Hope Clinic</p> <p>Private Practice (Licensed Psychologist)</p> <p>Rutherford County Health Department</p> <p>Saint Thomas Rutherford Hospital</p> <p>Tennessee Valley Healthcare System (VA)</p> <p>TrustPoint Hospital</p> <p>Volunteer Behavioral Health Care System</p> <p>Youth Villages</p>	<p>Murfreesboro City Schools</p> <p>Rutherford County Schools</p> <p>Middle Tennessee State University</p> <p>MTSU Center for Health & Human Services</p> <p style="text-align: center; border-bottom: 2px solid #00a0c0;">Criminal Justice</p> <p>Murfreesboro Police Department</p> <p>Rutherford County Department of Probation and Recovery Services</p> <p>Smyrna Police Department</p>	<p>Domestic Violence Program, Inc.</p> <p>The Journey Home</p> <p>Junior League of Murfreesboro</p> <p>Prevention Coalition for Success</p> <p>St. Clair Street Senior Center</p> <p>STARS</p> <p>WE CARE</p>

Year 1 Accomplishments

In Year 1, the Mental Health Action Initiative has fulfilled the five conditions of a collective impact process.

Common Agenda	3-Year Strategic Plan & Year 1 Common Agenda	✓
	Cross-sector collaboration among 28 organizations	
Shared Measurement System	Rutherford County Behavioral Health Facilities Survey	✓
	Focus groups and working sessions on services for children with severe emotional disturbances (SED) and adults with serious mental illness (SMI)	
Mutual Reinforcing Activities	Collaborative action planning for Year 1	✓
	Communications campaign branding, structure, and website	
	Policy recommendations for children (K-12) and adults with serious mental illness	
Continuous Communications	18+ meetings over the course of Year 1, with an average attendance rate of 75% for 7 MHAC meetings	✓
	Five subject matter presentations	
	Work group presentations on deliverables	
Backbone Support	United Way of Rutherford and Cannon Counties (Host organization)	✓
	Spring Consulting, LLC (Facilitating consultant)	